



# ELTERNHAUS NEWSLETTER

ELTERNHAUS ASSISTED LIVING, 4201 LINTHICUM ROAD, DAYTON, MD 21036

FALL 2013

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Grandsons, Jared and Nicholas, helped get the Chalet plant boxes up on the deck ledges over construction and remodeling debris.

The Chalet progresses in remodeling. Plant boxes will have more pinks, coral, red and white next summer.

Diane will work on this over the winter of 2014. Tim has installed an automated drip water system successfully this year. The new energy efficient windows have been installed.

We have 2 residents ready to move in as soon as the licensing process is completed. We are looking for one more staff member for the Chalet. Must be a good cook, too.

Charilyn Wade, RN will help manage the Chalet. Elternhaus will add 1-2 more staff members and send one person to staff at the Chalet. It will be a real home! If you know of someone, please recommend them to us. The Chalet is a beautiful nature spot. Perfect for deck sitting and walks. We have a herd of deer and may have to fence and gate the plants right around the house so they can visit us without destroying the landscaping!

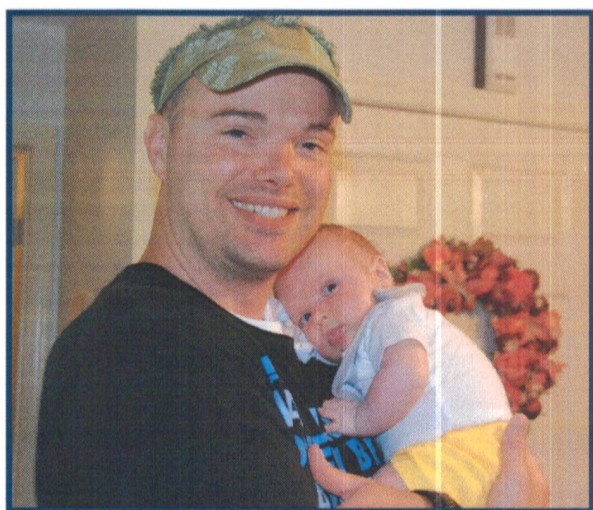






## Happy Father's Day 2013—

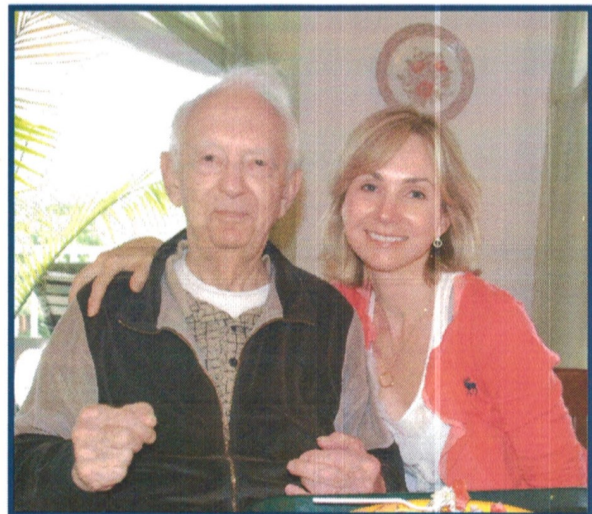
Our Father's at Elternhaus— (From left to right)  
Roland, Melvin, Don, Tim, Jimmy and Jerry



Melvin's grandson, Nate Cole,  
with his son, Jaxson



Tim and his friend, Steve, grilled the hot dogs and Grillers  
this year. Happy Father's Day to our fathers at EH.



Kim Handel, with her Dad, Roland



We had quite a spread of food!





Dean and Judy Coleman entertain us during Father's Day



Helen Manuel enjoys the food at Father's Day.

# 4th of July



Fireworks are late in the evening. Mary J. and Gertie accompanied by Diane enjoy the fireworks on the big screen.

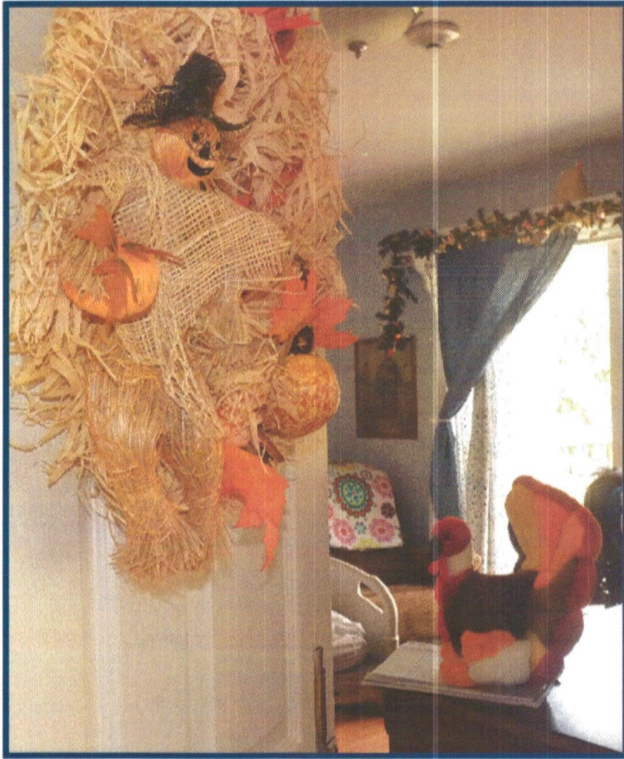


Alma and Florence get ready for fireworks!



# Things to do with residents...

- 1) **Decorate** the room or garden outside window.

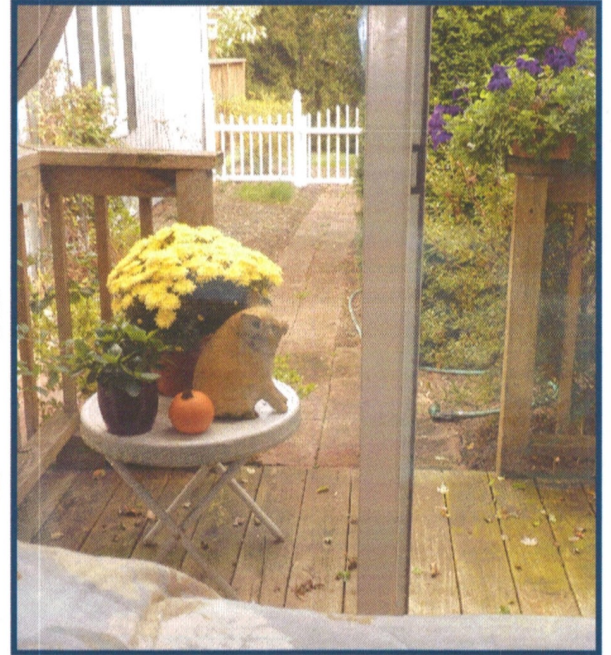


Doris' room decorated by the Schneider family who also visit with Doris to help her enjoy her meals.

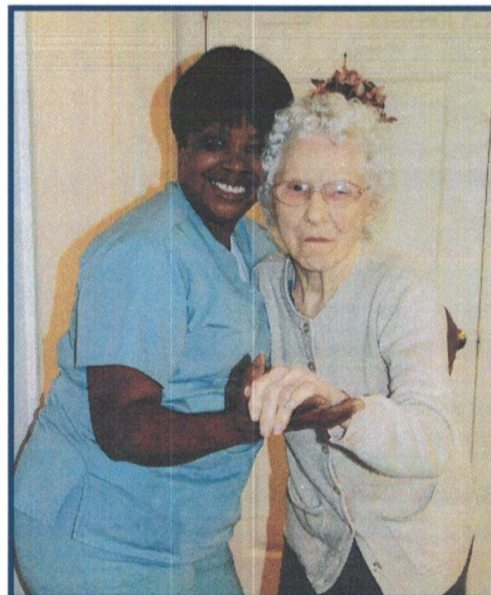


- 2) Gloria helps Nancy Limon eat her meal.

- 3) Sandy also does Irma's nails



- 4) Linda reads to her Dad, Melvin.

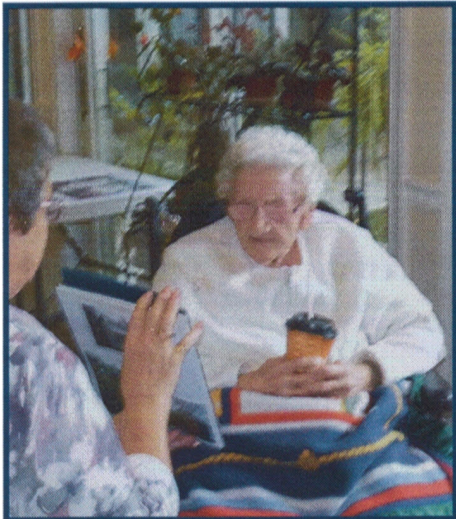


- 5) Walk or dance a jig.  
Mal and Sarah Sturtz



## More things to do with residents...

- 5) Identify **family photos**  
(Nancy Shaw and daughter)



- 6) **Attend** a program with them



Nancy Limon's son, Robbie Limon, gave us a **concert** of classic 60's and 70's songs in August.



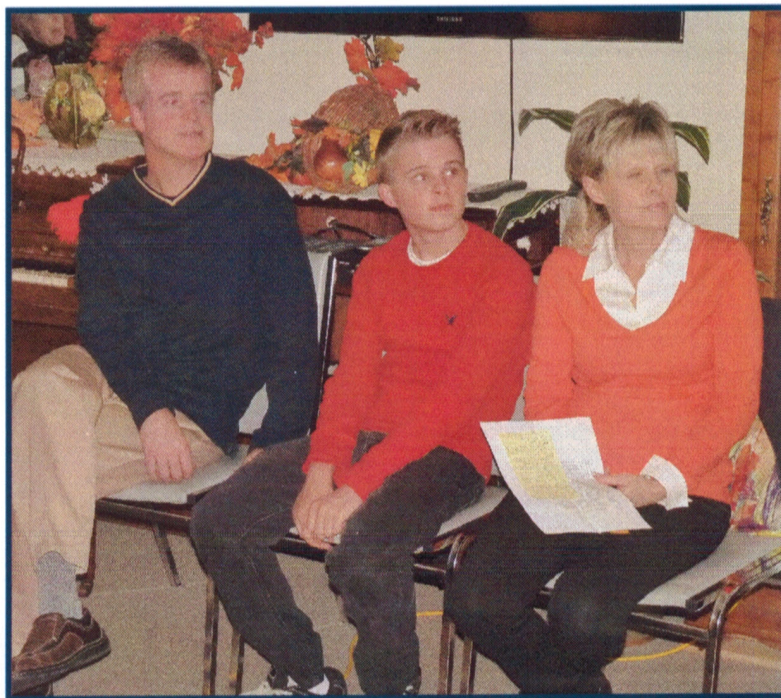
Sandy (one of our fantastic cooks) and Ginny Sonen loved the music.



- 7) Put on a **Friday night program** honoring them: The Swanson/O'Fill Program on The Life of Dorothy Gibbs



Dorothy Gibbs and son, Gary Swanson



Richard, Carson, and Becky—

Above Dorothy is looking at the light house where she and her husband lived on "Guard Island"- Her husband painted a sign for the Island that said "Guard Island- Population: 6 humans, 48 mud hens, and 1 dog." We extend an invitation to all of our families to participate in our Friday evening programs. Contact Don at 301-922-5757.

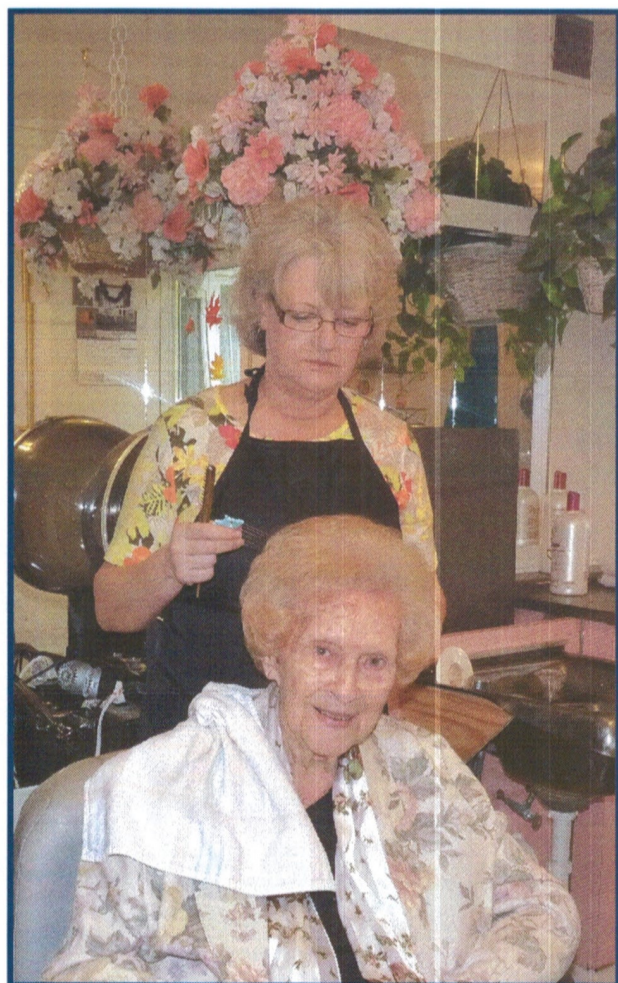




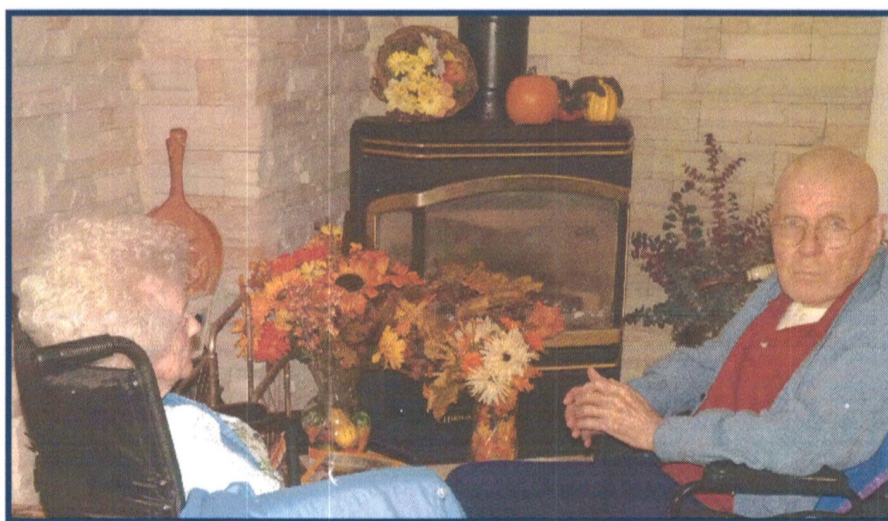
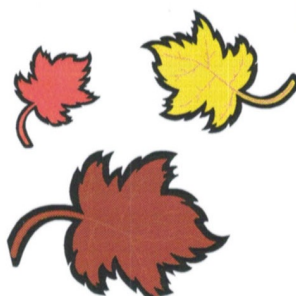
Sligo Adventist Church brings communion to Helen Manuel and others at Elternhaus



Jimmy Wheatley gets settled at EH with his little dog "Lovie" and the help of his family.



Vada and our hairdresser, Sandy, in our little salon



Jerry visits with wife, Helen, after Helen had a fall. Yes, it does happen sometimes! Helen passed away Oct. 29— we will sure miss her wittiness.





## Summer Luau in the big backyard...



Debbie and Diane fixed hot dogs, fruit kabobs, a tropical mint smoothie, and s'mores. Don and Tim set up tables and built the roasting fire.



Tim's Riley and Deb's Kristen practice driving the golf cart.



Mary Janos and her Lei



Flora takes food inside for those who didn't come out to the fire while Alma visits the buffet.



Norma and her Lei



Mary J., Roland, Florence and Gertie waiting for more Luau food as the sun sets.

Mary Rainey and Norma Sines enjoy the food





# Ocean City's Boardwalk Trip...



"In your beachy bonnet,  
With all the seashells on it..."  
Mary Janos tried on her hat.



Boarding the Bus. Diane hands out beach hats. We didn't have one for Jimmy, and he got a little sun burn!



The Ocean City Group- (from left to right) Tim, Alma, Jimmy, Mary J., Florence, José, Debbie, and Romaine.



Debbie had a seagull grab 4 fries out of the bucket from the air!



Romaine enjoys her ice cream on the Boardwalk at Ocean City.



# The Great Frederick Fair

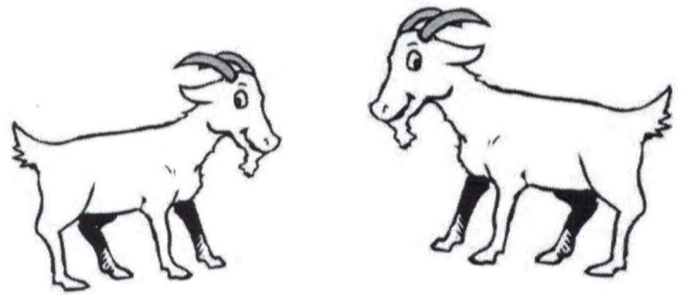
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Don and Hazel consider the watermelon—  
Probably a “North Carolina Rattlesnake melon”



Melvin and Jimmy at the pumpkin display



Natisha is a grad student at University of Maryland  
who went with us. Hazel and Gertie admire the  
crowing roosters and many hens. Natisha will be  
doing an internship here at EH starting in January.



Watching the judging of the goats.





Tim, Melvin, Jimmy, Roland, Don, Jose, and Josh at the tractor exhibit.



Mary J., Diane, and Romaine take a rest in the homemaker's art building

## Frederick County Fair Continued....



We had quite a few people go to the County Fair. We appreciate our wheelchair pushers!



## More County Fair...



Jimmy and Melvin meet a friendly cow.  
Isn't she sweet?!



She even got closer to Hazel!

## Autumn comes to EH ...



If you get chilly on the front porch,  
wrap up in an afghan.



Theresa wrapped up on front porch.

## Coming up...

Eric Korff  
sent this  
picture of a  
pumpkin  
display.







Thanksgiving is the time to feel gratitude to God for all the good things in life. It is a time to acknowledge the good deeds of fellowmen and be thankful. At Elternhaus we are thankful for each of you, our residents, families, staff and friends. Each of you contributes in some way to make Elternhaus a wonderful place. You enrich our lives with kindness, smiles, visits and talents. When I look at the wonderful pictures of smiling faces in this newsletter it warms my heart. I am thankful to be in this atmosphere everyday hearing laughter and seeing the smiling faces. You see, the smiles are not just poses for the camera. They are genuine smiles and laughter that happen every day at the dining table, at exercise class, at the beauty parlor, around the puzzle table, in the activity classes, during bingo and on the many excursions we venture out on. What are you thankful for? Send me a note and I will share them during the annual Thanksgiving dinner at Olde Country Buffet. [tim@elternhausalf.com](mailto:tim@elternhausalf.com)

*Tim*

**From Diane's Desk**— Being thankful has great health benefits; to the one who is thankful and to the ones around! Theology proves it, science admits it, and medicine endorses it. We ought to be more grateful every minute! When we wake up, let's think of one thing we are grateful for and tell the Lord about it.



When we are saying grace over the meals, we can add thankfulness for one thing more than our usual blessing on the food. Elternhaus residents are experts at this. The blessing over the food can be quite protracted, as the resident waxes eloquent in expressing his/her thankfulness for everything he/she can think of! Bedtime prayers can be grateful before we start our lists of requests to the Lord. I'm sure He needs the encouragement too!! You

know God longs for our talks with Him, and maybe He would enjoy our positive thoughts, as mere mortals. But what has occurred to me more and more, is that for every negative thought we have, we ought to turn right around and balance that with a very positive thought. Remember dear Tevye in "Fiddler on the Roof?" He often would worry about something, especially his kids, and then he would reflect "but on the other hand.....," and say something positive. We are always losing something or someone. But we can be thankful that this is not really lost forever, just for a blink in eternity. "All things work together for good" is a true and faithful saying.

Examples: "I worry about Don and 2 helpers going under Mother's old house to do foam insulation spray...but on the other hand, I'm so glad they have these wonderful Tyvec suits to protect their skin and clothes! And they even have cell phones to call me if one of them conks out! "I'm sore from digging this drainage system over the parking lot at the old house with a pick axe..., but I'm so very thankful I was still able to do it myself, and that it is done now". "Tim and all our staff work hard, have troubles of their own....but it is the best of times for Elternhaus." "The world is a mess....on the other hand this too shall pass!" Love to each of you, Diane

*Diane*



**From Debbie's Desk** — Hope you are having a wonderful Autumn. Please remember to be healthy when you come visit your family here at EH. We have hand sanitizer by the front door and through the house— please use it. Keeping your family member healthy is very important to us. I encourage you to have the flu shot. If you have questions about taking the shot or have concerns if you are healthy enough to visit, call me or my mother, Diane. We have heard of assisted livings which lost all their residents because some virus or bacteria was brought into the home, and the elderly population just can't

fight off illnesses as easily as you or I.

I hope to see each of you at the Thanksgiving Buffet. This is a great opportunity to visit with your family

*Debbie*